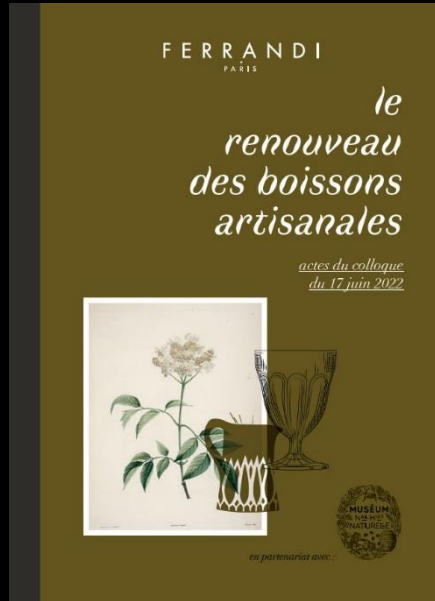
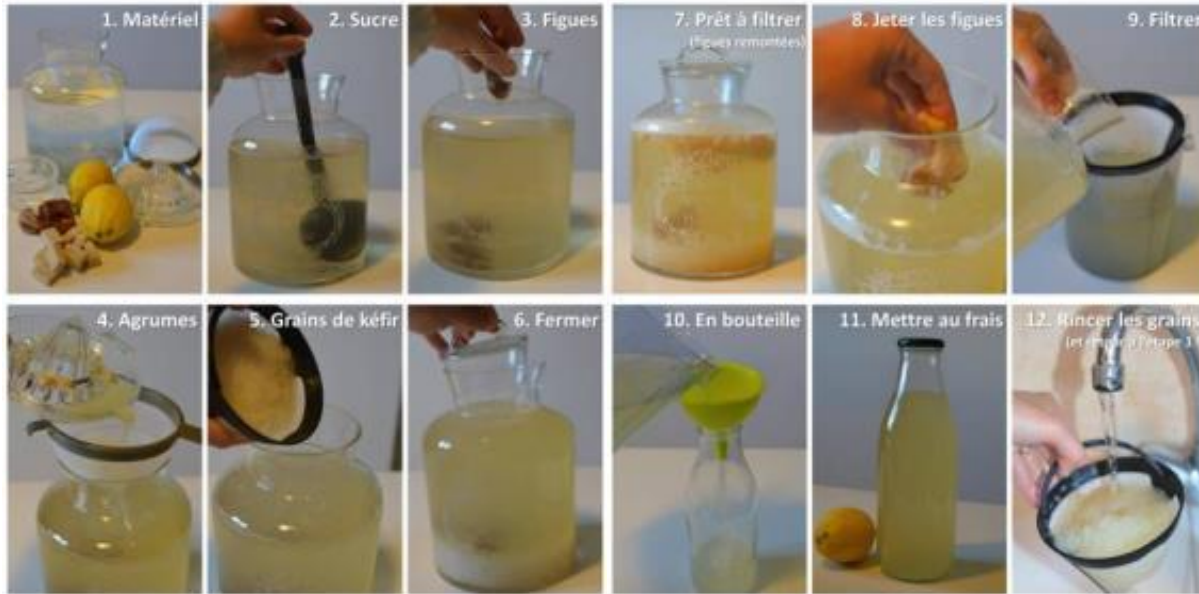


Kefir & co

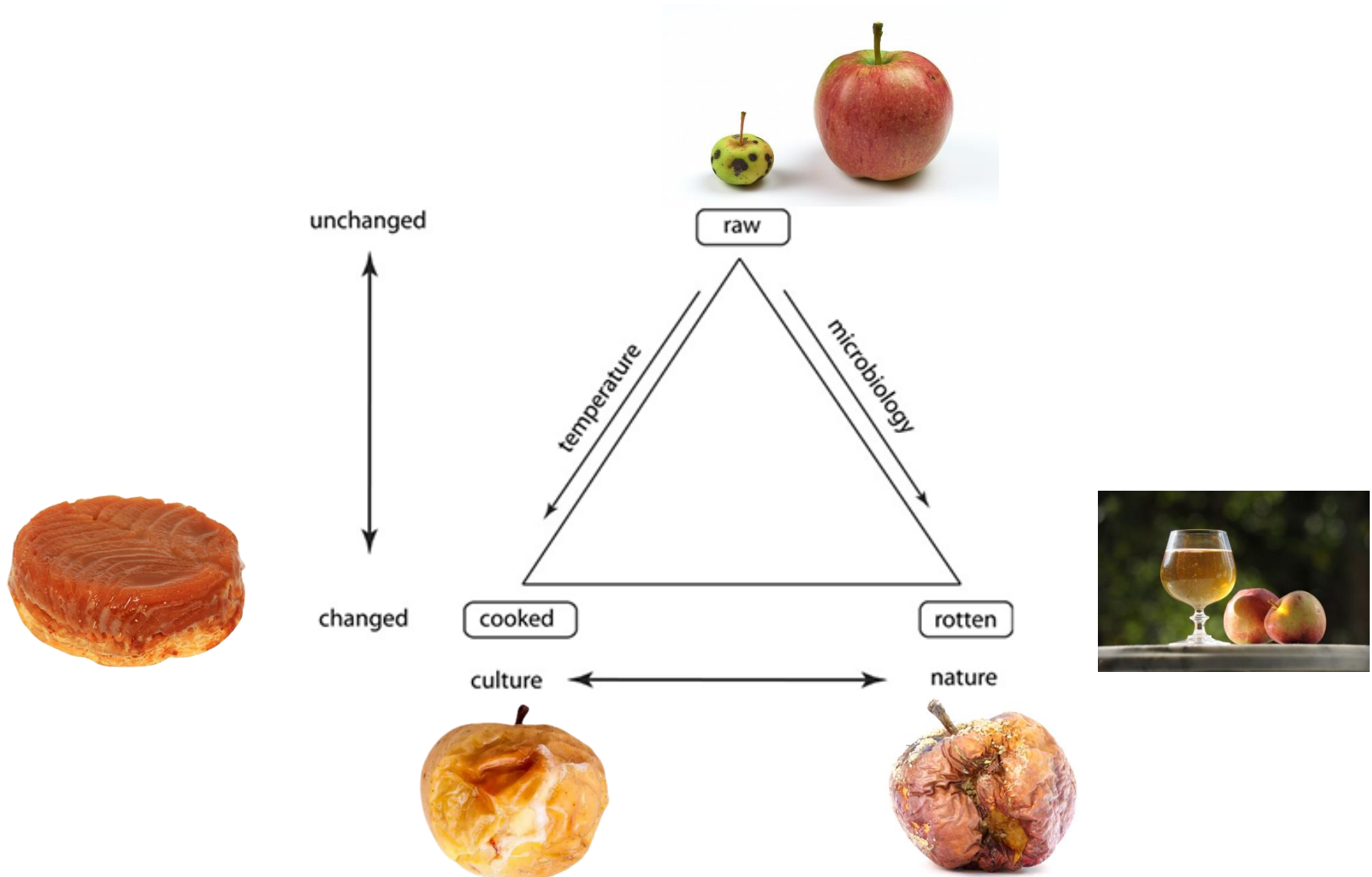


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What is kefir (and kombucha and...)?



Flavor through cooking: the physical, chemical AND BIOLOGICAL transformations



Thanks